

















INTERNATIONAL ADVENTURE SUMMER VIC CAMP 2023 SOUTH OF VIETNAM: SAI GON-BINH DUONG-TIEN GIANG

Time: July 2 – July 15, 2023 (14 days)

Campsite: Ho Chi Minh National Sports Training Center, Thu Duc District, Ho Chi Minh city

Language: English.

Age: 11-15 years old

Participants: Vietnamese Campers from different locals and International Campers

All-included Price: 1390 usd (Not included Return International Flight).

Special Discount for Group Booking/Agents

Organisers: VIC Camp, Member of International Camp Fellowship (ICF)

Soft Skill Training Centre of The Teenagers & Children Newspapers

CONTACT

Organisers: No5, Hoa Ma street, Ba Dinh, Hanoi, Vietnam

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Email: Info.viccampstours@gmail.com
Facebook: VIC Camps and Tours
Website: vicvietnam.net.vn





GENERAL INFORMATION



1. ORGANISER

- VIC CAMP (VIC CAMP has been an official Member of the International Camp Fellowship ICF since 2/2018).
- SOFT SKILL TRAINING CENTRE OF THE TEENAGERS & CHILDREN NEWSPAPERS ((https://thieunien.vn/).
- **2. TIME:** July 2 July 15 (14 days).
- 3. VENUE: Ho Chi Minh city Binh Duong province Tien Giang province. The campsite is **Ho Chi Minh National Sports Training** Center, Thu Duc District, Ho Chi Minh (*Link of the Campsite is available at last file*).
- **4. CAMPER UNIFORM:** Campers will be provided a Uniform Set of 01 back pack, 04 T-shirts, 02 caps, 01 water container, 01 note & 02 pens.
- **5. LANGUAGE:** English.
- **6. AGE:** 11-15 years old.
- **7. PARTICIPANTS:** Vietnamese Campers from different locals and International Campers.
- **8. CAMP COUNSELLORS & VOLUNTEERS:** Vietnamese and International.
- 9. MEALS, ACCOMMODATION, TRANSPORT:
- Meals: Breakfast and Milk, Lunch and Fruits, Dinner and Fruits.
- Accommodation: Nice room at National Sports Centre.
- Transport: Campers will be picked up at Tan Son Nhat International Airport by bus; visit destinations by bus.

VIC CAMP: Open A New World!

10 BENEFITS FOR CAMPERS







- 1. 03 Traditional Craft Villages: Lai Thieu Fruits Garden, Binh Duong Pottery Village in Binh Duong Province; Coconut Candy Village in Tien Giang.
- 2. 16 visits to destination: 9 in Ho Chi Minh city, 03 destinations in Tien Giang province; 04 in Binh Duong province.
- 3. 02 Charity Activities; 02 Community Activities; 02 Environment Protection Activities.
- 4. 07 Activities of Culture Sharing.
- 5. 02 Camper Got Talents; 02 Fashion Shows; 02 Food Shows; 02 Art Shows; 02 Campfires.
- 6. 12 Activities of Sports.
- 7. 12 Interesting Teambuilding.
- 8. 10 Activities of Survival Skill.
- 9. 10 Topic presentation of Global Issues.
- 10. 12 Activities of Global Citizen Skill and Young Leaders

TENTATIVE PROGRAM

Lunch: 11h30-12h15: (Breakfast: 8h00-8h30; **Dinner: 19h00-19h45)**

DAY 1: AT CAMPSITE

Pick up Campers; Welcome Session; Global Citizen Skill; Swimming; Culture Session; Arts Practice

Pick up International Campers: Tan Son Nhat International Airport



11h30-12h30 Lunch Together: at Campsite



16h45-17h30 Free Sports: swimming



Pick up Vietnamese Campers: At Campsite of Ho Chi Minh City National Sports Centre



13h45-14h45 Welcome session: Team Division, Photo Session; Camp Regulation



20h00-21h00 Culture Session: Matching Flags of countries



Transfer to the Campsite: 15km, 30 minutes



15h00-16h30 Global Citizen Skill: Positioning Yourself in Community



21h00-21h30 Arts Practice: Singing an English song



DAY 2: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice

6h30-7h30 Sports Activity: Walking



10h15-11h15 Teambuilding: Water Supply



16h45-17h30 Free Sports: swimming



7h30-8h00 Tidy the room



13h45-15h15 Topic Presentation: 6



20h00-21h00 Culture Session: Drawing Ritual sites of each religion



8h30-10h00 Global Citizen Skill: Emotion



15h30-16h30 Survival Skills: Prevention on Cold and Heat Stroke



21h00-21h30 Arts Practice: Singing an English song



DAY 3: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice

6h30-7h30 Sports Activity: Indoors Yoga



10h15-11h15 Teambuilding: Life Round



16h45-17h30 Free Sports: swimming



7h30-8h00 Tidy the room



13h45-15h15 Topic Presentation: 4 Oceans



20h00-21h00 Culture Session: Happy Birthday Celebrations



8h30-10h00 Global Citizen Skills: Time Management



15h30-16h30 Survival Skills: Prevention on Drowning and Saving the Drowned



21h00-21h30 Arts Practice: Singing an English song



DAY 4: AT CAMPSITE IN MORNING: Sports Activity; Global Citizen Skill; Teambuilding;

DISCOVER BINH DUONG PROVINCE IN AFTERNOON: Charity Activity; Visit Lai Thieu Fruits Garden; Visit Phu Cuong Cathedral; Visit Binh Duong Pottery Village; Shopping

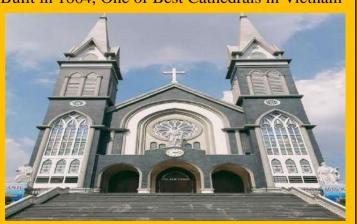
6h30-7h30 Sports Activity: Baseball



10h15-11h15 Teambuilding: On-Air



16h15-16h45 Visit Phu Cuong Cathedral: Built in 1864, One of Best Cathedrals in Vietnam



7h30-8h00 Tidy the room



13h30-14h00 Charity Activity: Give donations to orphaned children of Covid-19



17h00-18h00 Binh Duong Pottery Village: Making ceramic products; Exchange with local people



8h30-10h00 Global Citizen Skills: Cultural Integration



14h15-15h45 Visit Lai Thieu Fruits Garden: Picking fruits; Exchange with local people



19h00-21h00 Dinner & Shopping: Shopping Mall



DAY 5: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice



10h15-11h15 Teambuilding: Spider Net



16h45-17h30 Free Sports: swimming



7h30-8h00 Tidy the room



13h45-15h15 Topic Presentation: Climate Change



20h00-21h00 Culture Session: Designing National Costumes



8h30-10h00 Global Citizen Skills: Goal Setting



15h30-16h30 Survival Skills: Escape from fire



21h00-21h30 Arts Practice: Dancing



DAY 6: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice

6h30-7h30 Sports Activity: Flying disk



10h15-11h15 Teambuilding: Brave

Commando



16h45-17h30 Free Sports: at Swimming pool



7h30-8h00 Tidy the room



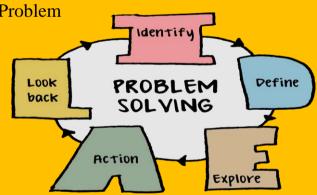
13h45-15h15 Topic Presentation: Game Online Addiction



20h00-21h00 Science Discovery: Creating Magic Flame



8h30-10h00 Global Citizen Skills: Solving Problem



15h30-16h30 Survival Skills: Escape from Thunder and Flash



21h00-21h30 Arts Practice: Dancing



DAY 7: AT CAMPSITE

Environment Activity; Sports Activity; Global Citizen Skill; Teambuilding; Camper Got Talent; Fashion Show; Cooking Contest; Environment Activity; Camper Performance Show

6h10-7h30 Environment Activity: Collecting wastes; **Sports Activity:** Boxing



10h15-11h15 Teambuilding: Patience for Success



16h30-17h30 Cooking Contest: Making Salad



7h30-8h00 Tidy the rooms



14h00-15h00 Camper Got Talent: Individual campers



19h00-20h00 Camper Performance Show



8h30-10h00 Global Citizen Skills:

Negotiation Skill



15h15-16h15 Fashion Show: Traditional National Costumes



20h00-21h30 Campfire Night



DAY 8: DISCOVER SAI GON IN MORNING: The Independence Palace; War Remnants Museum;
Nortre Dame Cathedral of Saigon Ben Thanh Market; AT CAMPSITE IN AFTERNOON: Topic Presentation;
Survival Skill; Sports Activity; Culture Session; Arts Practice

Independence Palace: Built in 1962, It is the Sign of American Fall in Vietnam War



10h15-11h30 Visit Ben Thanh Market: Built in 1914, now is the biggest market in Sai Gon



16h45-17h30 Free Sports: swimming



8h15-9h15 Visit War Remnants Museum: Built in 1975, displaying thousands of remnants of American War



13h45-15h15 Topic Presentation: My family



20h00-21h00 Culture Session: Drawing a

World Heritage

9h30-10h00 Visit Nortre Dame Cathedral of Saigon: Built in 1880, now is the oldest religious architectural works in Sai Gon



15h30-16h30 Survival Skills: Coping with Cyberbullying



21h00-21h30 Arts Practice Team: Singing English song



DAY 9: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice

6h30-7h00 Sports Activity: Outside Yoga



10h45-11h15 Teambuilding: Overcome the challenge



16h45-17h30 Free Sports: swimming



7h00-8h00 Tidy the room



13h45-15h15 Topic Presentation: School Drug "Daily risk-Big Disaster"



20h00-21h00 Culture Session: Happy
Birthday Celebrations



9h30-10h30 Global Citizen Skills: Making Decision



15h30-16h30 Survival Skills: Preventing from Harassment



21h00-21h30 Arts Practice: Singing English song



DAY 10: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice

6h30-7h30 Sports Activity: Walking



10h15-11h15 Teambuilding Contest:



16h45-17h30 Free Sports: swimming



7h30-8h00 Tidy the room



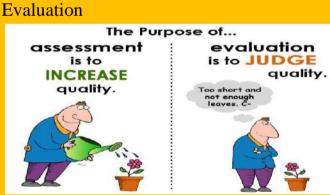
13h45-15h15 Topic Presentation: Plastic wastes "Oceans calling for help"



20h00-21h00 Culture Session: Origami paper



8h30-10h00 Global Citizen Skill: Self-



15h30-16h30 Survival Skills: Escape from Fire



21h15-22h00 Arts Practice: Singing English song



DAY 11: AT CAMPSITE IN MORNING: Sports Activity; Global Citizen Skill; DISCOVER TIEN GIANG IN AFTERNOON:

Community Activity; Enjoy rowing small boats through coconut canals; Visit Coconut Candy Village; Enjoy riding horse wagon

6h30-7h30 Sports Activity: Playing Tux



10h30-11h30 Transfer to Tien Giang: 70km, 2 hours



Visit Coconut Candy Village: Wrapping coconut candy, exchange with local



7h30-8h00 Tidy the room



11h30-12h00 Community Activity: Give gifts to Handicapped children in Tien Giang



Enjoy riding horse wagon: Nice feeling



8h30-10h00 Global Citizen Skills: Planning Skills



15h00-17h30 Discover Thoi Son and Phoenix Islands on Tien River by boat:

Enjoy rowing small boats through coconut canals



17h30-21h30 Transfer back to Sai Goncity & Shopping in Thu Duc



DAY 12: AT CAMPSITE

Sports Activity; Global Citizen Skill; Teambuilding; Topic Presentation; Survival Skill; Swimming; Culture Session; Arts Practice

6h30-7h30 Sports Activity: Balance on the Rope (OR Javelin)



10h15-11h15 Teambuilding: Solidarity to pass the ball



16h45-17h30 Free Sports: at Swimming pool



7h30-8h00 Tidy the room



13h45-15h15 Topic Presentation: Friendship and heart fluttering in school



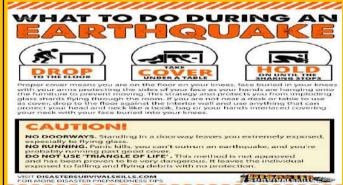
20h00-21h00 Culture Session: Designing National Traditional Hats and Shoes



9h30-10h30 Global Citizen Skills: Active Listening



15h30-16h30 Survival Skills: Escape from Earthquake



21h00-21h30 Arts Practice: Danci



DAY 13: DISCOVER SAI GON CITY IN MORNING; CAMPER SHOW IN AFTERNOON; CAMPFIRE IN EVENING Cu Chi Tunnel; Southern Women's Museum; Museum of Photo "3D Art In Us"; Camper Got Talent; Fashion Show; Cooking Contest; Environment Activity; Campfire Night

7h30-9h00 Visit Cu Chi Tunnel: Symbol of Vietnamese Resistance against American Power before 1975



12h00-13h00 Lunch



16h30-17h30 Cooking Contest: Making Vietnamese Traditional Cake of Che Lam



10h00-10h45 Visit Southern Women's **Museum:** Built in 1985, displaying thousands of works



14h00-15h00 Camper Competition: groups compete with each other



19h00-20h00 Granting Certificates



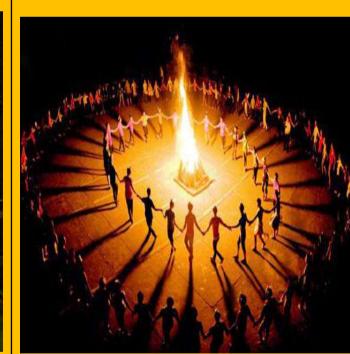
11h15-12h00 Visit Museum of Photo "3D Art In Us": A nice check-in point



15h15-16h15 Fashion Show: Traditional National Hats and Shoes



20h00-21h30 Campfire Night: International Dances-Global Citizens



DAY 14: DEPARTURE DAY Free shopping; Goodbye to friends; Departure

Shopping if enough time



Goodbye to friend campers



Departure & Fly back



CAMPSITE

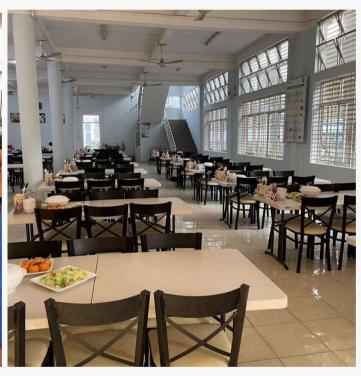
Ho Chi Minh National Sports Training Center: Thu Duc District, Ho Chi Minh City https://tthlqg2.gov.vn/

















Photos of VIC Camp in Vietnam: https://drive.google.com/drive/folders/1jMhdeYd_ecm0KTSNeBDCPp-xGxJceWwX?usp=sharing

Videos of VIC Camp in Vietnam: https://drive.google.com/drive/folders/1bbFhaIzoMuZz-fqYfq7jmYK9WnIdwL8-?usp=sharing

Photos of VIC Camp in US, UK, Australia, Singapore...: https://drive.google.com/drive/folders/1AsvfXKnuxV-

w32XntJvDeUbh5RmkZAhe?usp=share_link